



Dr. Dan Roses Chiropractor



I detect misalignments in the spine and use my hands to push the spine back into the correct place.

How long have you been a chiropractor?

I've been a chiropractor for 5 years.

What do chiropractors do?

Spinal misalignments prevent proper nerve flow, which can cause a slew of issues including migraines, digestive problems, pain, ear infections and more. Since all body functions run through the nervous system, I ensure the spine, which is where all of the nerves run through, is properly aligned through a holistic approach that doesn't require medication or surgical intervention.

Where do you currently work?

I own my own practice, The Nest - Family, Pediatric + Prenatal Chiropractic in Parsippany, NJ.

How do you spend most of your time at work?

- 1) I deliver chiropractic adjustments to patients.
- 2) I take X-rays or thermal scans of new patient's spines.
- 3) I educate patients about the nervous system and why chiropractic is important for optimal functionality.
- 4) I ensure all business operations are running properly (billing, insurance, scheduling, notes etc.).
- 5) I manage my team of Chiropractic Assistants.

Why did you choose this career?

My dad, two aunts and an uncle are all chiropractors so I was born into it. I was adjusted since birth and grew up seeing the miracles that come from regular chiropractic care and wanted to be a part of the healing journey.

What did you do to prepare for this career?

I received a Bachelor of Arts and took the necessary prerequisites for chiropractic school. I then earned my Doctor of Chiropractic degree at Chiropractic School, where I spent time getting clinic experience and working at chiropractic offices to learn. When I graduated, I worked as an associate chiropractor for other chiropractors' offices for 3.5 years until opening my own practice.

What do you enjoy most about your job?

I love seeing the joy from people when they tell me that they are now able to do things that they never thought possible because of the benefits of regular chiropractic care.

What do you find most challenging about your job?

Having a physical job, it is difficult to make sure I find the time to take care of my body by exercising and eating right.

What was one of your first jobs and how did that experience influence your career path?

My first job was working as a cashier at a miniature golf course. This taught me to be diligent about being on time and of the importance of customer service, both lessons which I use in my career every day.

What is one piece of advice you would give to a young person who is interested in your profession?

Make sure no matter what you do, that you are passionate about it and are doing it for the right reasons. If you do, you'll never "work" a day in your life and will be excited about going to work each day.



Dr. Dan's "first" adjustment: helping his father, Paul Roses, also a chiropractor, adjust Dr. Dan's sister, Bianca.

DR. DAN'S FAVORITES

Books - Harry Potter

Movie - Miracle

TV show - Friends

Song - Anything country



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