



Sharon Hollander Psychologist



I work in clinical research, and I provide counseling for patients in rehabilitation, long term care, memory care and hospice settings.

How long have you been a psychologist?

Over 20 years

Where do you currently work?

I work for Challenges Psychological Services (psychotherapy) and Biobehavioral Health (clinical research).

How do you spend most of your time at work?

- 1) Intake and assessment of patients
- 2) Counseling patients
- 3) Interviewing and rating the responses of research participants
- 4) Communicating with other professionals

Why did you choose this career?

I like Psychology because it's a broad and interesting field. I am able to engage in many different professional activities and work with all age groups.

What did you do to prepare for this career?

After my bachelor's degree, I pursued a master's degree and a doctorate. I completed a lot of fieldwork, including externships, and a year-long internship. I also have a certificate to be a School Psychologist and a license to practice Psychology.

What do you enjoy most about your job?

I enjoy the variety. I very much like my colleagues. Most importantly, it's rewarding to work with and help patients.

What do you find most challenging about your job?

There's a lot of paperwork.

What is one piece of advice you would give to a young person who is interested in your profession?

Talk to different professionals in human services. If possible, observe, volunteer, and reflect on your interests and preferences.

SHARON'S FUN FACTS

My favorite TV show right now is "Community." I've also watched every Marvel and Star Wars movie with my sons.



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